



**The State of Ohio Do –Not-Resuscitate Protocol
Approved by the Ohio Department of Health**

Identification

Patients can be either DNR Comfort Care patients or DNR Comfort Care – Arrest patients. The difference is that for a DNR Comfort Care patient, the State of Ohio DNR Protocol is activated immediately when a DNR order is issued or when a living will requesting no CPR becomes effective, but for a DNR Comfort Care – Arrest patient, the protocol is activated only when the patient experiences a cardiac arrest or a respiratory arrest. Be careful to check the patient's DNR order or DNR identification to determine which applies.

A DNR Comfort Care or DNR Comfort Care – Arrest patient's status is confirmed when the patient has one of the following:

- *1. A DNR Comfort Care wallet card or DNR Order Form completed for the patient.
- *2. A completed State of Ohio living will (declaration) form that states that the patient does not want CPR (in the case of a patient who has been determined by two doctors to be in a terminal or permanently unconscious state).
3. A DNR Comfort Care necklace or bracelet bearing the Ohio DNR Comfort Care official logo.
- *4. A DNR order signed by the patient's physician or, when authorized by section 2133.211 of the Ohio Revised Code, an Advanced Practice Registered Nurse (APRN), or physician assistant (PA).
5. A verbal DNR order is issued by the patient's attending physician, APRN, or PA.

* Copies of these items are sufficient.

EMS workers are not required to search a person to see if they have DNR identification.

If an EMS or other health care worker discovers one of these items in the possession of a patient, the worker must make a reasonable effort to verify the identity of DNR patients in appropriate circumstances. Examples of ways to verify identity are:

- The patient or a family member, caregiver, or friend gives the patient's name.
- The health care worker knows the patient personally.
- Institution identification band.
- Drivers license, passport, or other picture ID.

If an EMS worker cannot verify the identity of the patient with DNR identification after reasonable efforts, the EMS worker still should follow this protocol unless otherwise directed by the Medical Director of the EMS organization.

Verification of identity is not required for patients or residents of health care facilities when a DNR order is present on the person's chart.

EMS personnel who receive a verbal DNR order from a doctor, APRN, or PA must verify the identity of the person issuing the order. Some examples of verification are:

- Personal knowledge of the doctor, APRN, or PA.
- List of practitioners with other identifying information such as address.
- A return telephone call to verify information provided.

Activation

When this protocol is activated for a given DNR Comfort Care patient depends on whether the patient is a DNR Comfort Care or a DNR Comfort Care – Arrest patient. For a DNR Comfort Care patient, this is activated when the DNR order is issued or the living will specifying no CPR becomes effective. For a DNR Comfort Care – Arrest patient, the protocol is activated when the patient experiences a cardiac arrest or a respiratory arrest.

“Cardiac arrest” means absence of a palpable pulse. “Respiratory arrest” means absence of spontaneous respirations or presence of agonal breathing.

For patients for whom a DNR Comfort Care protocol is activated, you:

Will:

- Conduct an initial assessment
- Perform basic medical care
- Clear airway of obstruction or suction
- If necessary for comfort or to relieve distress, may administer oxygen, CPAP, or BiPAP
- If necessary, may obtain IV access for hydration or pain medication to relieve discomfort, but not to prolong death
- If possible, may contact other appropriate health care providers (e.g., hospice, home health, physician/APRN/PA)

Will Not:

- Perform CPR
- Insert artificial airway adjunct
- Administer resuscitation medications with the intent of restarting the heart or breathing
- Defibrillate, cardiovert, or initiate pacing
- Initiate continuous cardiac monitoring

If you have responded to an emergency situation by initiating any of the “will not” actions prior to confirming that the DNR Comfort Care Protocol must be activated, discontinue them when you activate the protocol. You may continue respiratory assistance, IV medications, etc., that have been part of the patient’s ongoing course of treatment for an underlying disease.

If family or bystanders request or demand resuscitation for a person for whom the DNR Comfort Care Protocol has been activated, do not proceed with resuscitation. Provide comfort measures as outlined above and try to help the family members understand the dying process and the patient’s choice not to be resuscitated.

Documentation

EMS or other health care personnel who implement the DNR Protocol for a DNR Comfort Care patient should document in their records, in accordance with the policy of their agency or facility:

- The item that identified the person as DNR Comfort Care (as listed in the identification portion of this protocol).
- The method of verifying the person's identity, if any was found through reasonable efforts.
- Whether the person was a DNR Comfort Care or DNR Comfort Care – Arrest patient.
- The actions taken to implement the DNR Protocol.

When a DNR Order is Current

A DNR order for a patient of a health care facility shall be considered current in accordance with the facility's policy. A DNR order for a patient outside a health care facility shall be considered current unless discontinued by the patient's attending physician/APRN/PA, or revoked by the patient. EMS personnel are not required to research whether a DNR order appears to be current has been discontinued.