All hospice care is palliative—but not all palliative care is hospice.

**Palliative Care** may be offered at the same time as curative and healing treatments. You do not need to have a terminal illness. Palliative care focuses on quality of life by predicting, preventing, and treating pain and distress. Available from beginning of any illness to the end of life, the focus is on the whole person and family needs from physical, emotional, spiritual and social aspects of care.

**Non-Hospice Palliative Care**
Below are just a few examples of when palliative care is appropriate when dealing with serious or chronic illnesses:

- After surgery to address pain
- When heart failure or lung disease causes chronic breathing issues
- During chemotherapy to treat nausea, weight loss and tiredness
- To identify goals of care and advance care planning when faced with illness

**Hospice Palliative Care**
A form of palliative care that provides aggressive symptom management at the end-of-life. To enroll a patient in hospice, two doctors certify the patient has 6 months or less to live, should the illness take its natural course. The patient also opts out of aggressive curative treatments that are generally no longer helpful. Patient and family goals are focused on comfort and aggressive symptom management to improve the patient’s quality of life while maintaining independence and creating moments of joy. Below is an illustration of what hospice offers.

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