

## **All hospice care is palliative—but not all palliative care is hospice.**

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**Palliative Care** may be offered at the same time as curative and healing treatments. You do not need to have a terminal illness. Palliative care focuses on quality of life by predicting, preventing, and treating pain and distress. Available from beginning of any illness to the end of life, the focus is on the whole person and family needs from physical, emotional, spiritual and social aspects of care.

### **Non-Hospice Palliative Care**

Below are just a few examples of when palliative care is appropriate when dealing with serious or chronic illnesses:

- After surgery to address pain
- When heart failure or lung disease causes chronic breathing issues
- During chemotherapy to treat nausea, weight loss and tiredness
- To identify goals of care and advance care planning when faced with illness

### **Hospice Palliative Care**

A form of palliative care that provides aggressive symptom management at the end-of-life. To enroll a patient in hospice, two doctors certify the patient has 6 months or less to live, should the illness take its natural course. The patient also opts out of aggressive curative treatments that are generally no longer helpful. Patient and family goals are focused on comfort and aggressive symptom management to improve the patient's quality of life while maintaining independence and creating moments of joy. Below is an illustration of what hospice offers.



#### **Who Qualifies**

Terminal illness with a life expectancy of 6 months or less  
 Illnesses including cancer, lung and heart disease, sepsis, stroke, dementia, or any other terminal illness  
 Medicare, Medicaid and most private insurances cover this benefit  
 Hospice of Cincinnati will turn no one away for lack of ability to pay



#### **What We Offer**

Specialists in pain and symptom management  
 Specific disease management pathways to improve quality and comfort  
 All meds related to the illness delivered to the patients home  
 All equipment related to illness delivered to the home  
 24/7 phone or in home nursing care for crisis



#### **Why We're Different**

**We have 4 In-Patient Care Centers in Cincinnati** for acute and respite care  
**We provide Holistic Care** such as pet, massage, art and music therapies  
**Free patient and family counseling through The Goldstein Family Grief Center and Fernside**  
**Non-Profits** have 14% higher RN visits than for profit hospices